

Dr. Michael Apa developed the Facial Aesthetic Design approach to cosmetic dentistry.



BEST COSMETIC DENTIST

Dr. Michael Apa
(30 E. 76th St., 5th Floor,
rosenthalgrp.com)

An American Academy of Hospitality Sciences Five Star Diamond Award winner, Dr. Michael Apa of the Rosenthal Apa Group is behind some of the brightest smiles in New York. Working in NYC, California and Dubai, his Facial Aesthetic Design method of cosmetic dentistry placed him in the forefront of the field, and the Apa Beauty line (apabeauty.com) utilizes the best technologies in oral health. Patients can find Dr. Apa at his new clinic, which features the first in-house veneer ceramics lab in the U.S. "By having the world's top ceramists on staff and our operations all under one roof, it allows me to be completely hands-on with patients' cases," Apa says. "The final product truly speaks for itself."

BEST ALTERNATIVE HEALER **Juhi Singh** (164 E. 61st St., juhi.center) At the new Juhi Center, clients can partake in Chinese medicine, acupuncture, ayurveda, homeopathy, therapeutic massage and meditation.

BEST ACUPUNCTURE

WTHN (20 W. 22nd St., wthn.com) Experience the 2,500-year-old traditional Chinese medicine either by choosing a specific procedure from the menu to focus on stress, muscle weakness or skin problems, or opting for an individually curated treatment for an entire body.

BEST COSMETIC DERMATOLOGY PRACTICE

Dr. Paul J. Frank (1049 Fifth Ave., pfrankmd.com) Specializing in the latest technology for face and body rejuvenation as well as fat removal, Dr. Frank's minimally invasive techniques are renowned throughout New York, and his therapeutic skincare line PFRANKMD cleanses, protects and treats any skin type.

BEST FACE-LIFT

Dr. Andrew Jacono (630 Park Ave., newyorkfacialplasticsurgery.com) A Patients' Choice Award winner, Dr. Jacono has a full suite of surgical and minimally invasive procedures and is a frequent contributor to a number of philanthropic pursuits through free consultations and reconstructions for underprivileged children around the world.

BEST INJECTABLES

Park Avenue Skin Solutions (116 Chambers St., Floor 4, parkaveskin.com) Find an array of injectable and dermal filler options, as well as laser and chemical peel procedures from founder Lauren Abramowitz.

BEST PLASTIC

SURGEON Dr. Matthew White (800A Fifth Ave., Ste. 502A, drmatthewwhite.com) A Harvard Medical School-trained surgeon and international authority on facial aging, Dr. White specializes in ensuring that the neck up looks as youthful as patients feel.

BEST SPINAL SURGEON

Dr. Alexandre B. De Moura of New York Spine Institute (521 Park Ave., nyspine.com) Dr. De Moura's practice cares for all kinds of spinal injuries with house calls and a full physical therapy program.

BEST HOLISTIC DENTIST

Dr. Gerry Curatola (521 Park Ave., rejuvdentist.com) With more than 35 years of clinical practice, Dr. Curatola is an expert in holistic dentistry and aims to improve each patient's "mouth-body-spirit" connection through procedures such as tooth restoration and dental implants.

BEST FOOT SURGEON

Dr. David Levine (523 E. 72nd St., davidslevinemd.com) A Castle Connolly-listed top doctor, Dr. Levine is a specialist in post-traumatic foot and ankle reconstruction, fracture repair

and arthrodesis treatment of chronic pain.

BEST HAIR RESTORATION

Goldenberg Dermatology (14 E. 75th St., goldenbergdermatology.com) The Goldenbergs' Platelet Rich Plasma method has been revolutionary in nonsurgical hair restoration treatment, providing a noninvasive option that stimulates hair growth and can prevent future loss.

BEST NONINVASIVE PROCEDURE

EmSculpt at PFRANKMD (1049 Fifth Ave., pfrankmd.com) Dr. Paul Frank's EmSculpt body contouring device allows clients to burn fat and build muscle in trouble areas by sending electromagnetic energy that stimulates thousands of muscle contractions.

BEST MEDICAL CENTER

Hospital for Special Surgery (535 E. 70th St., hss.edu) Ranked as the number-one orthopedic surgery center in the U.S. for nine consecutive years, the oldest orthopedic hospital in the country performs more hip surgeries and knee replacements than any other in the country.

BEST MEDICAL CONCIERGE

Studio Med (133 E. 58th St., Ste. 512, studiomed.life) Studio Med pioneered medical concierges in NYC by providing unlimited access to physicians 24/7 and puts same-day blood work, routine checkups and urgent care at patients' fingertips.