

MODERN LUXURY

# HAMPTONS



JOHN LEGEND



## To the Chapel

RENOWNED PLASTIC SURGEON DR. MATTHEW WHITE MADE HEADLINES FOR HIS COVETED GOLDEN ANGLE LIFT, BUT WHETHER YOU'RE LOOKING FOR AN ENHANCED, YOUTHFUL PROFILE OR A NONINVASIVE APPROACH, DR. WHITE ADVISES ON THE MANY WAYS TO ACHIEVE YOUR COVETED WEDDING DAY GLOW. BY CLAIRE HARPER

**H**ow early should you consult a plastic surgeon before the big day? Just like with planning a wedding, the key is to start early—I would recommend nine months. We have a lot of tools in our toolbox; some are nonsurgical, some are

surgical. Try out different treatments to see how it works with your skin... it just takes all of the stress off. And there's plenty of time for a touch-up.

**What are some noninvasive procedures?** Something really popular to do the week before your wedding

is a Hydrafacial. That's going to give your skin a nice glow.

**How soon before your wedding should you get the Golden Angle Lift?** The downtime is about 10 days, but if someone's having a wedding, you probably want to schedule it at least three months in advance.

**What other advice do you have for brides?** The other thing to do in advance is get a good skincare routine started. The best thing that we have that really helps is Retin-A. It puts your skin in good condition. A good moisturizer is great too, and wearing sunscreen daily, of course.

Dr. Matthew White is a renowned Manhattan-based private practice plastic surgeon with a primary focus in the face and neck areas.

### A MAGIC TOUCH

It's no secret that skin begins to sag as the years go on, but what about the under-skin components? "We tend to only think about our skin," says Dr. Matthew White, "but in reality the ligaments are what tend to stretch out over time." Insert the Golden Angle Lift, a jawline and full-facial restoration procedure that returns your coveted, angular jawline and, in turn, a youthful appearance. A longtime patient of Dr. White, Debra Reynolds, was 47 years old when she decided to have the procedure. Reynolds had long since struggled with insecurities from sagging skin under her chin, and despite various treatments, nothing gave the results she was hoping for—until the Golden Angle Lift, that is. "The results were better than I could have expected," says Reynolds, who returned to work just a week after her surgery. "It's really given me the confidence that I wanted... about five days after the surgery I was like, 'Wow,' I could not be happier."



DR. MATTHEW WHITE PHOTO BY JONATHAN BECKERMAN; FACE PHOTO BY LEANDRO CRESPI/STOCKSY