

INVITED



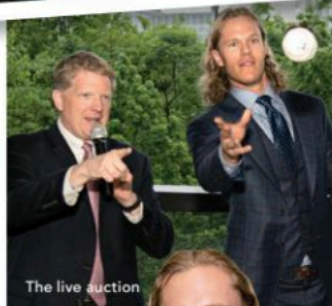
Pat and Conner Skinner, Neal Impellizeri, Noah Syndergaard, Will Kassar, and Brandon O'Brien



June Ambrose



Helena Krodel, David Allen, and Jessie Merrill



The live auction

GOTHAM'S NOAH SYNDERGAARD COVER PARTY AT 1 HOTEL BROOKLYN BRIDGE

Gotham magazine celebrated cover star Noah "Thor" Syndergaard at an exclusive cocktail party with fellow New York Mets pitcher Robert Gsellman and other VIPs at the new waterfront retreat 1 Hotel Brooklyn Bridge. The invitation-only affair presented by Wempe Jewelers included a silent auction featuring a NY Mets exclusive experience, official Noah Syndergaard-autographed sports memorabilia, a team-signed official bat, and baseballs signed by Mets Jacob deGrom, David Wright, and José Reyes. At the height of the event, during a live auction, Noah tossed out official autographed baseballs. All proceeds benefited the Sjögren's Syndrome Foundation. Throughout the evening, guests enjoyed handcrafted premium cocktails from Cooperstown Distillery, wines by Maison Belle Claire, Peroni beer and delicious hors d'oeuvres by the 1 Hotel Brooklyn Bridge's innovative chefs.



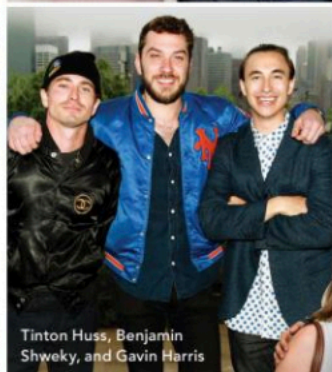
Alexandra Cooper and Noah Syndergaard



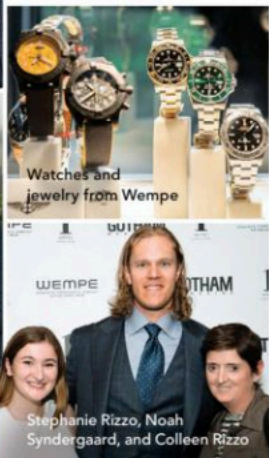
Kristin Kelly, MaryBeth Golden, and Damian Irizarry



Spencer Means and Jarrod Guy Randolph



Tinton Huss, Benjamin Shweky, and Gavin Harris



Watches and jewelry from Wempe

Stephanie Rizzo, Noah Syndergaard, and Colleen Rizzo



Matthew and Cindy White



Melanie Epstein, Rudy Albers, Raik Krause, and Gregory Rogalski

PHOTOGRAPHY BY MARK SAGLIO/GETTY IMAGES FOR GOTHAM MAGAZINE & KENNY CHEN

SPA & BEAUTY

CAUDALIE

Attention, busy New Yorkers! The Express Facial, a 30-minute radiance-boosting treatment, is exclusive to this West Village boutique. It's the perfect on-the-go stop when your visage needs super-quick brightening. 315 Bleecker St., 212-308-3552; us.caudalie.com

FOUR SEASONS NEW YORK DOWNTOWN

The spa at this arrestingly beautiful luxury hotel blends high-tech treatments (such as the Remineralizing Crystal Detox body ritual) with a host of natural ingredients to create a truly rejuvenating experience. **INSIDER TIP:** We suggest the Hydrating Swiss Milk treatment—it's regal and reminiscent of Cleopatra's favorite beauty ritual. 27 Barclay St., 844-246-1097; fourseasons.com/newyorkdowntown/spa

DR. STEVEN GREENBERG

Dr. Greenberg has become a key resource for those considering plastic surgery, with a book (*A Little Nip, a Little Tuck*) and an antiaging product line (Cosmetic Surgeon in a Jar) to his credit. 461 Park Ave. S., 212-319-4999; greenbergcosmeticsurgery.com

JOEY HEALY EYEBROW STUDIO

A go-to for perfectly refined brows, this

sleek studio is right underneath Alec Baldwin's apartment, so a celeb sighting may be in the cards. 51 University Pl., 212-477-2444; joeyhealy.com

NATUROPATHICA CHELSEA

Sample from an array of herbal tonics and elixirs at this center's Vitality Bar. This is the spot in NYC (and the Hamptons) for antiaging au naturel. 127 W. 26th St., 646-979-3960; naturopathica.com

THE RED DOOR SALON & SPA

This cornerstone of Manhattan luxury offers everything from cosmetic facial treatments and hair therapy to an array of massages. **INSIDER TIP:** The potent Ceramide Capsules are our top pick among take-home products. 663 Fifth Ave., 212-564-0200; thereddoor.com

SEPHORA

This beauty chain has become the foundation (pun intended) for looking great, with a new flagship store on Fifth Avenue offering skincare and fragrances from top luxury brands. 580 Fifth Ave., 212-980-6534; sephora.com

SISLEY

Sisley's West Village boutique offers a number of antiaging spa treatments in a private back room. We recommend the signature 80-minute Supreme

experience, which includes muscular remodeling, facial massage, and a dose of the brand's concentrated Suprem'ya at Night products. The result is smoothed fine lines, firmer skin, and redefined facial contours. 343 Bleecker St., 212-645-1013; sisley-paris.com

SPA DE LA MER

Imagine being pampered head-to-toe with La Mer's famous products. This spa features bio-fermentation procedures to revitalize the whole body. **INSIDER TIP:** Try the Miracle Broth facial, combining innovative massage techniques and a pure infusion of La Mer's coveted Miracle Broth to aid with moisture, regeneration, soothing, smoothing, and radiance. 28 W. 53rd St., 212-790-8910; baccarathotels.com/spa-de-la-mer

DR. MATTHEW WHITE

Hailed as the top facial plastic surgeon in NYC, this Harvard-trained doctor is an international authority on facial aging. 800 Fifth Ave., Ste. 502A, 646-568-9115; drmatthewwhite.com

FITNESS

BALLET BEAUTIFUL

Strengthen your core like you're one of Lincoln Center's finest at this ballet-based class for balance, strength, and elegance. **INSIDER TIP:** Follow founder Mary Helen Bowers on

Instagram (@balletbeautiful) for some pre-session inspiration. Not only are her moves transformative, but the feed is arrestingly beautiful to look at. 98 Greene St.; balletbeautiful.com

FHITTING ROOM

This boutique fitness studio, which specializes in under-an-hour, high-intensity workouts, has locations on the UES and in Flatiron. It's a fast-moving whirl of a workout. 31 W. 19th St., 646-850-0469; fhittingroom.com

EXHALE

This is where fitness and spa meet. Our tip for the coolest class to book is a one-on-one session of Thai yoga. The stretch is subtle, but the impact is transformative. 150 Central Park South, 212-561-7400; exhalespa.com

SLT

Strengthen, lengthen, tone—that's the mantra at this line of fitness studios across the city. **INSIDER TIP:** Try to get into founder Amanda Freeman's class. She created the Pilates-based exercises from her own SLT Megaformer Classes, but she mixes it up with ChaiseFitness and yoga. *Various locations*, 212-226-7814; sltnyc.com

SOULCYCLE

A cross between fitness, fashion, music, and culture, SoulCycle has become a lifestyle for many—in addition to offering some of the best cycling classes in the city. **INSIDER TIP:** Be sure to look out for our favorite instructors: Julie D., Jade, and Noah F. *Various locations*; soul-cycle.com

STUDIO B BY BANDIER

In the heart of the Flatiron District is this go-to store for fitness apparel—look for lines such as Alala or one-off collabs with the likes of Nike. Nestled upstairs is the gem of the operation: a contemporary workout studio that blends music, fashion, and fitness. 164 Fifth Ave., 917-408-4617; bandier.com/studio-b

YOGA FOR BAD PEOPLE

These retreats are the perfect way to stretch out while staying fit. Follow @yogaforbaddpeople to track the retreats. *Various locations*; yogaforbaddpeople.com

— Secret Source —
ERIKA
HAMMOND



WHO: Founding trainer at Rumble Boxing. **SWEAT IN STYLE:** "I love looking fresh when I'm working out. If I'm looking good, I'm feeling good. I find a lot of gear at **Bandier** (164 Fifth Ave., New York, 646-360-3345; bandier.com) and (shhh!) **Forever 21** (50 W. 34th St., New York, 212-564-2346; forever21.com)—you'd be surprised: cheap and cute!" **POST-TRAINING TREAT:** "Our studio is right around the corner from **Juice Generation** (109 E. 23rd St., New York, 212-531-1110; juicegeneration.com). I get the Peanut Butter Split smoothie and add dates. It sounds as good as it tastes!" **OFF-THE-CLOCK FUN:** "My favorite way to end a busy day is with a glass of wine in hand at Westlight, the rooftop at **The William Vale** in Williamsburg (111 N. 12th St., Brooklyn, 718-307-7100; westlightnyc.com), looking at the beautiful skyline of Manhattan." *Rumble Boxing is located at 146 W. 23rd St., 212-804-7918; rumble-boxing.com.*