

MATTHEW WHITE, M.D.

FACIAL PLASTIC SURGEON
@DRMATTHEWHITE

FAVORITE PLACE TO TAKE A BOAT OUT EAST: Shinnecock Bay, followed by cocktails at Cowfish. **FAVORITE SEAFOOD:** Lobster roll in Montauk. **KAYAK OR BIKE:** Definitely a kayak! The best workout. **WHAT TO PACK FOR A DAY ON THE WATER:** Sunscreen for the family is a must! EtoAMD's UV spray SPF 46. **ALWAYS WEAR THIS ON A BOAT:** A life jacket. Safety first, what can I say? I'm a surgeon.



LYNN BLUMENFELD

PARTNER, BLUMENFELD + FLEMING
@BPLUSF

FAVORITE PLACE TO TAKE A BOAT OUT EAST: Shelter Island. **FAVORITE SEAFOOD:** Lobster salad! Stuart's or Round Swamp's. **KAYAK OR BIKE:** Definitely my beach cruiser. **WHAT TO PACK FOR A DAY ON THE WATER:** Dry clothes, a towel and great takeout from Gosman's Market. **ALWAYS WEAR THIS ON A BOAT:** A bikini.



Water Wins

FIVE HAMPTONITES SHARE THEIR BEACH AND BOAT FAVES. BY LUKE HIMMELSBACH

RON RHEINGOLD

PRESIDENT,
WEATHERPROOF VINTAGE
@WEATHERPROOFVINTAGE

FAVORITE PLACE TO TAKE A BOAT OUT EAST: Peconic Bay; great access to both Forks, great restaurants and marinas. **FAVORITE SEAFOOD:** Branzino. **KAYAK OR BIKE:** Bike. **WHAT TO PACK FOR A DAY ON THE WATER:** Sandwiches of all varieties. **ALWAYS WEAR THIS ON A BOAT:** Suntan lotion, a hat and a life preserver.



LAUREN LOMBARDI

OWNER AND OPERATOR,
LOMBARDI'S LOVE LANE MARKET
@LOMBARDISLOVELANEMARKET

FAVORITE PLACE TO TAKE A BOAT OUT EAST: Shelter Island. It's so quiet and peaceful. **FAVORITE SEAFOOD:** Local striped bass with heirloom tomato and cannellini bean salad. **KAYAK OR BIKE:** Bike! I love the wind through my hair on a hot summer day, and I'm usually in a rush to get somewhere fast. **WHAT TO PACK FOR A DAY ON THE WATER:** Good food, of course! We make our own sandwiches on the boat. A crispy baguette, prosciutto San Daniele, fresh mozzarella and a summer salad. **ALWAYS WEAR THIS ON A BOAT:** Sunscreen. A cute cover-up from Joey Wölffer is good, too.



BRIAN KELLY

FOUNDER AND CEO,
THE POINTS GUY
@THEPOINTSGUY

FAVORITE PLACE TO TAKE A BOAT OUT EAST: Sag Harbor. **FAVORITE SEAFOOD:** Grilled swordfish and lobster tails with a lot of drawn butter. **KAYAK OR BIKE:** Bike (indoors at SoulCycle!). **WHAT TO PACK FOR A DAY ON THE WATER:** L&W Market in Bridgehampton has incredible sandwiches and salads as well as baskets perfect for a boat day. **ALWAYS WEAR THIS ON A BOAT:** Sunscreen!



MATTHEW WHITE PHOTO BY CINDY WHITE; LYNN BLUMENFELD PHOTO BY LISA MARIE MAZZUCCO; RON RHEINGOLD PHOTO BY DYLAN ROSE; LAUREN LOMBARDI PHOTO BY ROBERT GOLDMAN; BRIAN KELLY PHOTO COURTESY OF THE POINTS GUY